

# FEBRUARY 2026 PRACTICE SCHEDULE (tentative)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1  <b>Minot</b>	2 Developmental-5:45-6:30pm 6:30-7:15pm Age Group I -6:30-7:30pm Age Group II- 5:45-7:00pm Senior/Nat- 5:45-7:15pm Sen/Nat-6:00-7:30am	3 Developmental-5:45-6:30pm 6:30-7:15pm Age Group I -6:30-7:30pm Age Group II- 5:45-7:00pm Senior/Nat- 5:45-7:15pm	4 Developmental-5:45-6:30pm 6:30-7:15pm Age Group I -6:30-7:30pm Age Group II- 5:45-7:00pm Senior/Nat- 5:45-7:15pm	5 Developmental-5:45-6:30pm 6:30-7:15pm Age Group I -6:30-7:30pm Age Group II- 5:45-7:00pm Senior/Nat- 5:45-7:15pm	6  Sen/Nat-6:00-7:30am	7  <b>Mandan</b>
8  <b>Mandan</b>	9 Developmental-5:45-6:30pm 6:30-7:15pm Age Group I -6:30-7:30pm Age Group II- 5:45-7:00pm Senior/Nat- 5:45-7:15pm Sen/Nat-6:00-7:30am	10 <b>No Practice due to a high school meet</b>  Sen/Nat-6:00-7:30am	11 Developmental-5:45-6:30pm 6:30-7:15pm Age Group I -6:30-7:30pm Age Group II- 5:45-7:00pm Senior/Nat- 5:45-7:15pm	12 Developmental-5:45-6:30pm 6:30-7:15pm Age Group I -6:30-7:30pm Age Group II- 5:45-7:00pm Senior/Nat- 5:45-7:15pm	13  Sen/Nat-6:00-7:30am	14
15  <b>AQST</b>	16 Developmental-5:45-6:30pm 6:30-7:15pm Age Group I -6:30-7:30pm Age Group II- 5:45-7:00pm Senior/Nat- 5:45-7:15pm Sen/Nat-6:00-7:30am	17 Developmental-5:45-6:30pm 6:30-7:15pm Age Group I -6:30-7:30pm Age Group II- 5:45-7:00pm Senior/Nat- 5:45-7:15pm	18 Developmental-5:45-6:30pm 6:30-7:15pm Age Group I -6:30-7:30pm Age Group II- 5:45-7:00pm Senior/Nat- 5:45-7:15pm	19 <b>No Practice due to a high school meet</b>  Sen/Nat-6:00-7:30am	20  Sen/Nat-6:00-7:30am  <b>10 &amp; Under State Champs West Fargo</b>	21
22  <b>10 &amp; Under State Champs West Fargo</b>	23 Developmental-5:45-6:30pm Age Group I -6:30-7:30pm Age Group II- 5:45-7:00pm Senior/Nat- 5:45-7:15pm Sen/Nat-6:00-7:30am Storm Chasers-5:45-6:30pm	24 Developmental-5:45-6:30pm Age Group I -6:30-7:30pm Age Group II- 5:45-7:00pm Senior/Nat- 5:45-7:15pm Sen/Nat-6:00-7:30am Storm Chasers-5:45-6:30pm	25 Developmental-5:45-6:30pm 6:30-7:15pm Age Group I -6:30-7:30pm Age Group II- 5:45-7:00pm Senior/Nat- 5:45-7:15pm	26 Developmental-5:45-6:30pm Age Group I -6:30-7:30pm Age Group II- 5:45-7:00pm Senior/Nat- 5:45-7:15pm Sen/Nat-6:00-7:30am Storm Chasers-5:45-6:30pm	27  Sen/Nat-6:00-7:30am	28

This is the practice schedule for the month of February, there may be changes and if there are I will let you know as quickly as possible. Any questions please email me at [coachsteele@aquastormswimming.com](mailto:coachsteele@aquastormswimming.com).

**The 10 & Under Season** will be finished on the 22<sup>nd</sup> after the conclusion of 10 & under state. Only 11 & Over Swimmers practice starting the 23<sup>rd</sup>.

**For 10 & Under Swimmers who want to keep swimming will be offering a Storm Chaser session that must be pre-register for.**