

FEBRUARY 2026 PRACTICE SCHEDULE (tentative)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Minot	2 Developmental-5:45-6:30pm 6:30-7:15pm Age Group I -6:30-7:30pm Age Group II- 5:45-7:00pm Senior/Nat- 5:45-7:15pm Sen/Nat-6:00-7:30am	3 Developmental-5:45-6:30pm 6:30-7:15pm Age Group I -6:30-7:30pm Age Group II- 5:45-7:00pm Senior/Nat- 5:45-7:15pm	4 Developmental-5:45-6:30pm 6:30-7:15pm Age Group I -6:30-7:30pm Age Group II- 5:45-7:00pm Senior/Nat- 5:45-7:15pm	5 Developmental-5:45-6:30pm 6:30-7:15pm Age Group I -6:30-7:30pm Age Group II- 5:45-7:00pm Senior/Nat- 5:45-7:15pm	6 Sen/Nat-6:00-7:30am	7 Mandan
8 Mandan	9 Developmental-5:45-6:30pm 6:30-7:15pm Age Group I -6:30-7:30pm Age Group II- 5:45-7:00pm Senior/Nat- 5:45-7:15pm Sen/Nat-6:00-7:30am	10 No Practice due to a high school meet Sen/Nat-6:00-7:30am	11 Developmental-5:45-6:30pm 6:30-7:15pm Age Group I -6:30-7:30pm Age Group II- 5:45-7:00pm Senior/Nat- 5:45-7:15pm	12 Developmental-5:45-6:30pm 6:30-7:15pm Age Group I -6:30-7:30pm Age Group II- 5:45-7:00pm Senior/Nat- 5:45-7:15pm	13 Sen/Nat-6:00-7:30am	14
15 AQST	16 Developmental-5:45-6:30pm 6:30-7:15pm Age Group I -6:30-7:30pm Age Group II- 5:45-7:00pm Senior/Nat- 5:45-7:15pm Sen/Nat-6:00-7:30am	17 Developmental-5:45-6:30pm 6:30-7:15pm Age Group I -6:30-7:30pm Age Group II- 5:45-7:00pm Senior/Nat- 5:45-7:15pm	18 Developmental-5:45-6:30pm 6:30-7:15pm Age Group I -6:30-7:30pm Age Group II- 5:45-7:00pm Senior/Nat- 5:45-7:15pm	19 No Practice due to a high school meet Sen/Nat-6:00-7:30am	20 Sen/Nat-6:00-7:30am 10 & Under State Team Practice 6:00-6:45am	21 10 & Under State Champs West Fargo
22 10 & Under State Champs West Fargo	23 Developmental-5:45-6:30pm Age Group I -6:30-7:30pm Age Group II- 5:45-7:00pm Senior/Nat- 5:45-7:15pm Sen/Nat-6:00-7:30am Storm Chasers-5:45-6:30pm	24 Developmental-5:45-6:30pm Age Group I -6:30-7:30pm Age Group II- 5:45-7:00pm Senior/Nat- 5:45-7:15pm Sen/Nat-6:00-7:30am Storm Chasers-5:45-6:30pm	25 Developmental-5:45-6:30pm 6:30-7:15pm Age Group I -6:30-7:30pm Age Group II- 5:45-7:00pm Senior/Nat- 5:45-7:15pm	26 Developmental-5:45-6:30pm Age Group I -6:30-7:30pm Age Group II- 5:45-7:00pm Senior/Nat- 5:45-7:15pm Sen/Nat-6:00-7:30am Storm Chasers-5:45-6:30pm	27 Sen/Nat-6:00-7:30am	28

This is the practice schedule for the month of February, there may be changes and if there are I will let you know as quickly as possible. Any questions please email me at coachsteele@aquastormswimming.com.

The 10 & Under Season will be finished on the 22nd after the conclusion of 10 & under state. Only 11 & Over Swimmers practice starting the 23rd.

For 10 & Under Swimmers who want to keep swimming will be offering a Storm Chaser session that must be pre-register for.