2025 Long Course State
Qualifying Standards

GIRLS | BOYS

Open	17-18	15-16	13-14	11-12	9-10	10&u	8&u	Events	Events	8&u	10&u	9-10	11-12	13-14	15-16	17-18	Open
36.19	36.19	36.39	37.09	38.39	44.09		1:04.66	50	free	1:04.66		43.79	37.79	34.39	32.59	32.59	32.59
1:18.59	1:18.59	1:19.19	1:20.49	1:24.49	1:42.39		2:08.02	100	free	2:08.02		1:41.29	1:22.19	1:16.19	1:12.59	1:11.49	1:11.49
2:49.59	2:49.59	2:50.49	2:54.29	3:03.49		3:45.79		200	free		3:34.79		2:58.59	2:45.69	2:39.19	2:37.09	2:37.09
5:57.09	5:57.09	5:58.49	6:06.79	6:23.89		7:36.69		400	free		7:29.49		6:15.49	5:53.19	5:53.19	5:32.59	5:32.59
12:16.89	12:16.89	12:21.29	12:35.99	13:26.79				800	free				13:16.49	12:14.29	11:40.79	11:33.29	11:33.29
23:30.39	23:30.39	23:43.89	24:06.39	25:45.79				1500	free				25:13.59	23:06.49	22:08.99	21:54.69	21:54.69
39.85	39.85	39.85	39.85	44.29	54.89		1:07.31	50	back	1:07.31		55.69	44.89	44.89	44.89	44.89	44.89
1:26.59	1:26.59	1:27.29	1:29.99	1:38.89	1:59.19		2:17.89	100	back	2:17.99		1:56.09	1:37.99	1:24.99	1:20.19	1:20.09	1:20.09
3:06.89	3:06.89	3:08.39	3:12.39	3:24.79				200	back				3:22.79	3:02.99	2:53.79	2:52.99	2:52.99
43.90	43.90	43.90	43.90	48.99	1:00.49		1:17.09	50	breast	1:17.09		1:01.19	49.89	47.99	47.99	47.99	47.99
1:38.69	1:38.69	1:39.49	1:42.09	1:48.89	2:16.69		2:38.89	100	breast	2:38.89		2:11.29	1:48.29	1:34.89	1:31.99	1:29.89	1:29.89
3:33.09	3:33.09	3:35.89	3:39.69	3:52.69				200	breast				3:17.69	3:00.49	2:52.79	2:47.09	2:47.09
41.01	41.01	41.01	41.01	41.29	53.59		1:26.19	50	fly	1:26.19		52.79	43.49	43.49	43.49	43.49	43.49
1:24.29	1:24.29	1:25.39	1:26.59	1:36.19	2:09.99		2:30.49	100	fly	2:30.49		2:09.39	1:36.19	1:22.19	1:18.19	1:16.29	1:16.29
3:06.79	3:06.79	3:07.99	3:12.99	3:24.89				200	fly				3:22.49	3:02.59	2:53.89	2:50.29	2:50.29
3:10.69	3:10.69	3:11.89	3:15.79	3:26.29		4:09.39		200	IM		4:08.09		3:26.99	3:07.09	2:58.19	2:55.19	2:55.19
6:45.19	6:45.19	6:47.89	6:55.49	7:19.69				400	IM				7:13.59	6:37.09	6:18.50	6:12.89	6:12.89