

SwimAmerica is a program of the Waukesha Express Swim Team. For more information about all of the Waukesha Express Swim Team programs, visit our website at <u>www.waukeshaexpress.org</u>.

ONLINE REGISTRATION REQUIRED, at www.waukeshaexpress.org.

SWIMMING LESSONS FALL 2013 Swimmers attend class one time per week for 12 weeks (longer session than previous years). Location: Waukesha West High School, 3301 Saylesville Road, Waukesha. Classes are 40 minutes. Fall 2013: September 3 - November 25, 2013 Cost: \$135.00
Register by August 1, 2013 for 10% off each swimmer's registration. COUPON CODE: FALL10
Class times available for our fall session (please note the times):
Monday6:30 PM7:15 PM Tuesday6:30 PM7:15 PM Wednesday6:30 PM7:15 PM Saturday11:00 AM11:45 AM12:30 PM1:15 PM
INTRO to
PRE-COMPETITIVE OPTION FOR FALL 2013 For swimmers in Stations 7, 8, 9, 10 Cost: \$215.00
Swimmers in this group attend three classes per week, any three of the above SwimAmerica class times (you do not have to designate which days/times and it can vary from week to week). The swimmers will learn Stations 7 - 10 skills, but also get introduced to competitive swimming skills.
Swimmers in this group will have the opportunity to swim in one swim meet; more details will be provided about the meet during the first week of class.

To register, select the Intro to Express option. Your swimmer can attend any class time regardless of the time selected during online registration.